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Joseph Wu, M.D.

223 San Anselmo Ave., Ste 4

San Anselmo, CA 94960

Toll-Free: 800/506-5253

Telephone: 415/485-5220

Facsimile: 415/485-5539

E-mail: [hq@hoffmaninstitute.org](mailto:hq@hoffmaninstitute.org)

Web: [www.hoffmaninstitute.org](http://www.hoffmaninstitute.org)

***“The purpose of the Hoffman Institute is to bring forth unconditional love, compassionate presence, and peace in service to humanity and the Light.”***

*Hoffman Institute Board of Directors*

*August 2003*

October 15, 2003

Dear Hoffman Family,

The transformational results of the Hoffman Process have long been known by those of us who have participated. Now, scientific research from the University of California will soon be published showing *lasting decreases in negativity* (i.e. anxiety, anger, and depression) coupled with *lasting increases in positivity* (i.e. emotional intelligence, forgiveness, and spirituality) as a result of participating in the Process.

A search of the scientific literature shows no other program, intervention, or therapy that produces this combination of beneficial results. We believe these findings will place the Hoffman Process at the forefront of today's movements for Positive Psychology and Adult Development.

Simply stated, participating in the Hoffman Process fundamentally elevates our capacity to experience and express love, compassion, and peace. As you know, these personal changes also benefit the people in our lives – family members, friends, and business associates.

This breakthrough research at the University of California is the latest development in a rich 36-year history of dedication, investment, and support of the Process by people who are a lot like you and me. Individuals who took the Process and then dared to imagine what it could mean if more people had access to the healing power of self-knowledge and unconditional love. After all these years our guiding star still remains making the Hoffman Quadrinity Process available to as many people as possible. Our scholarship program is but one example of this outreach.

**We invite you to consider investing in the future of your world by investing in the future of the Hoffman Institute. You can do this with a year-end tax-deductible contribution to the Hoffman Institute. Your gift quite literally supports the expansion of unconditional love, compassionate presence, and peace in our world.**

Together we are bringing about the positive changes in our families, in our institutions, and in our society that are urgently needed today. Your participation and support are received with deep gratitude.

With Love and Light,

Raz Ingrasci  
President



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